

Medications

Check with your family physician regarding the medications you should take on the morning of surgery and if you should stop taking any medications prior to surgery.

Eating Instructions Before Surgery

The evening before surgery, have a light dinner and avoid alcohol.

Adults & teens (13 years and older)

- No solid foods by mouth after midnight
- Clear liquids* up to 5 hours before surgery

Children (two years through 12 years)

- No milk or solid food after midnight
- May have clear liquids* up to 4 hours before surgery

Infants (up to two years)

- No solid food after midnight
- Clear liquids* up to 3 hours before surgery
- Breast milk up to 4 hours before surgery
- Formula up to 6 hours before surgery

*Clear liquids are: water, clear juice such as apple or cranberry juice, soft drinks, popsicle, jello, broth, black coffee (nothing added) or tea.

THE DAY OF YOUR SURGERY

- No make-up
- No valuables/jewelry/watches
- Bring your insurance card/pharmacy card/photo ID
- Bring your list of current medications
- Bring your pacer/defibrillator card
- If staying overnight bring prescription medications in original bottles
- Unless directed otherwise by your physician, take your morning medications with only a small sip of water

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GETTING TO PHILLIPS EYE INSTITUTE

Phillips Eye Institute is located at 2215 Park Avenue South in Minneapolis. Main entrance is on Park Avenue between East 22nd Street and East 24th Street. Another entrance is located on East 24th Street, across from the parking ramp. Your physician's office can provide you with a detailed "Getting to Phillips Eye Institute" map, or you may call the Direction Line at 612-775-8899 or visit the web site at phillipseyeinstitute.com

Patient information line
612-775-8637.



**PHILLIPS
EYE INSTITUTE**

Allina Hospitals & Clinics

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